



Club Handbook 2024-2025 SEASON

www.gillfordparkfc.com

**Encourage Expression Without
Fear of Failure**



LOVE FOOTBALL.
PROTECT THE GAME.



Gillford Park Football Club is committed to teach junior football in a safe, fun and enjoyable environment.

Our Vision

We aim to provide for all the boys and girls within Gillford Park Football Club the maximum opportunity to develop their football, personal, social, educational and sporting skills to their full potential with the children's welfare and enjoyment a priority in all decisions we make.

To have Gillford Park Football Club full of confident, young able footballers who whilst learning, enjoy playing the most popular team game in the world.

Our Values

Integrity – Respect - Fair Play - Good Citizenship - Leadership

Teamwork – Responsibility - A Desire to Learn – Confidence – Encouragement

Message from Our Chairman Darren Scaife.

Welcome everyone to Gillford Park FC. We are a welcoming club that supports everyone who plays, coaches & watches football.

This season will be my first as club chairman after many years coaching & holding several roles within the club. If you have any issues, concerns or praise regarding the club. Then please contact us & we will strive to assist you.

Good luck to all our teams this upcoming season & I hope you enjoy watching the children play football whilst representing Gillford Park FC.

Darren Scaife.



Chairman.
Darren Scaife



Our Team Sponsors

A Huge Thank You to our Wonderful Sponsors!
We extend our sincere appreciation to you all, without whom our 2024 – 2025 season would not have been possible.

Team	Sponsor
U7	RB Landscaping
U8	G-Lectrical and Prospect Woodland Services
U8 Blacks	Lynas Electrical
U9	SWM - Acces & Safety Netting
U9 Gillies	Warwick Road Bed Centre
U10	C & J Flooring
U10 Gillies	Vintage Chrome Company & C & M Motors
U10 Girls	Arnold Clark
U11	Ann Parry Catering & Kudos Hair
U11 Gillies	SWM - Acces & Safety Netting
U11 Girls Gillies	Lucy's K9 Cuts
U12	K K Joinery
U12 Gillies	D. A Roofing Cumbria Ltd
U13	Gas Service Solution & Carlisle Dance Academy
U13 Gillies	Jopson Jewellers
U14	C & M Motors
U14 Gillies	Arrow Quantity Surveyors
U14 Blacks	Borderbrite
U14 Girls Gillies	Logic Business Technology Specialists, E & S Whelham, CBR Electrics
U15	Heads Nook Hall Cottage
U16 Girls	QC Sporthorses



Club Complaints Procedure

If any member feels that he/she has suffered discrimination in any way or that the Club Policies, Rules or Code of Conduct have been broken, they should follow the procedures below after a 24hr cooling off period:

1 - They should report the matter to the Club Secretary or another member of the Committee.

The report should include:

- Details of what, when and where the occurrence took place
- Any witness statement and names
- Names of any others who have been treated in a similar way
- Details of any former complaints made about the incident, date, when and to whom made
- A preference for a solution to the incident.

2 - The Club's nominated appeals/conduct panel on behalf of the Management Committee will sit for any hearings that are requested.

3 - The Club's Management Committee will have the power to:

- Warn as to future conduct
- Suspend from membership
- Remove from membership any person found to have broken the Club's policies or Codes of Conduct.
- Any complaints are to be emailed to gillfordparkfc@yahoo.com

Club Behaviour Procedure

- If there is a concern with a child's behaviour this needs to be brought to the attention of their parent – record and date/time with club secretary
- If there is a concern with a coach's behaviour this should be brought to the attention of the club welfare officers - record and date/time with club secretary
- If inappropriate behaviour does persist then a written warning letter will be given to party concerned – copy of letter will be kept on file
- A final warning with either a suspension or exclusion from the club will be adhered to if the situation is not resolved.
- If the behaviour is not acceptable i.e. physical contact from the offset an immediate removal from the club may apply

Meet the Club Officials and Coaches.



Chairman – Darren Scaife

Vice Chairman – Darren Hopper

Club Secretary- Jackie Rudd

Welfare & Safeguarding Officers – Jackie Rudd & Anthony Nevison

Treasurer – Bryan “Charlie” Brown

Website/Social Media – Paul McDermott

Team	Sponsor	Managers & Coaches
U7	RB Landscaping	Mick McDonald, Andy Hogg
U8	G-Lectrical and Prospect Woodland Services	Adam Cant and Matthew Kirby
U8 Blacks	Lynas Electrical	Graham Ingledow and Anthony Nevison
U9	SWM - Acces & Safety Netting	David Temple and Justin Hoggarth
U9 Gillies	Warwick Road Bed Centre	Mark Dewhurst and Michael Foster
U10	C & J Flooring	Graeme Rayson and Dennis Craik
U10 Gillies	Vintage Chrome Company & C & M Motors	Darcy Cannon
U10 Girls	Arnold Clark	Ray Thompson and Paul MdDermott
U11	Ann Parry Catering & Kudos Hair	Simon Carruthers and Simon Dixon
U11 Gillies	SWM - Acces & Safety Netting	Blair Carruthers
U11 Girls Gillies	Lucy's K9 Cuts	Jamie Duncanson and Barry Heggie
U12	K K Joinery	John Carroll and Phil Graham
U12 Gillies	D. A Roofing Cumbria Ltd	Andrew Clarke and John Meekley
U13	Gas Service Solution & Carlisle Dance Academy	Paul Morrison
U13 Gillies	Jopson Jewellers	Darren Scaife and Raph Usiholo
U14	C & M Motors	Chris Piiercy and Dave Sewell
U14 Gillies	Arrow Quantity Surveyors	Richard Lambert
U14 Blacks	Borderbrite	Anthony Nevison and Graham Ingledow
U14 Girls Gillies	Logic Business Technology Specialists, E & S Whelham, CBR Electrics	Mike Greer and Darren Hopper
U15	Heads Nook Hall Cottage	Aaron Templeton-Graham and Darren Robson
U16 Girls	QC Sporthorses	Matty Fraser

As we are a growing club, we are always looking for people and businesses to help and support the club or a team in one way or another. Please get in touch if you would like to sponsor or spare a couple of hours a week to help our football club.

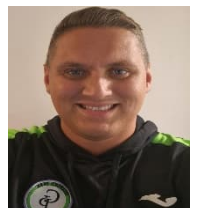


Jackie Rudd

07739 533910

Welfare & Safeguarding Officers.

Please remember that all managers/coaches are volunteers and if you have any issues please speak to your manager/coach Anthony or Jackie.



Anthony Nevison

07506 714852

Dear Parents /Guardians

Welcome to Gillford Park Football Club. As a club, we would like to welcome one and all to the season. We wish you and your child/children the very best for the season ahead.

Please find enclosed Gillford Park Football Club's and the FA's codes of conducts and respect conduct, these are for you to keep and to always adhere to. There is also a handbook with the Longhorn Youth League rules available if you wish to have a copy, please let your team manager/coach or any club officials know.

Gillford Park Football Club has a non-refundable £20 annual family membership fee. The fee is to be paid cash along with the completed club membership form. Monthly Subscriptions are for the following: U7's to U11 - £12 a month, U12 -to U18 - £15 a month.

There is a reduced fee if siblings play within the club. This will go towards the running costs of the team.



To make it easier you can pay by standing order:

NatWest Bank, Sort Code 60-04-30 Account Number 10205330.

Please use players name as the reference.

To help understand what the subs are used for please see some of the examples and costs below that were from last season for your child's team.

Longhorn League and Cumberland FA Affiliation Fee - £80 +£20
Insurance - £23
Pitch Hire for the season - £964
Winter Training Venue - £1125
Kits, Training and match balls – £96
Trophies for Presentation - £178

Your child will be issued with a club strip/clothing these are to be worn during matches, these items belong to the Gillford Park Football Club.

All players are to wear shin pads and football boots/astro trainers for both training and matches, if they do not, they unfortunately cannot train or play.

If your child is unable to attend training or match days, could you please contact your team manager/coach as soon as possible? If your child does not attend training or matches for 2 consecutive weeks without notifying the team manager, we will assume they will not be returning and he/she's place will be lost, we will contact you to arrange a suitable time to collect the strip/clothing and any other football related items. A player cannot sign for another club until all outstanding issues are resolved

**GILLFORD PARK
WILDCATS**

WILDCATS
GIRLS' FOOTBALL

Weetabix

GIRLS ONLY FOOTBALL
AGES 5-11
ALL ABILITIES WELCOME

HAVE FUN•MAKE FRIENDS•PLAY
FOOTBALL

Where: Harraby 3G
When: Every Tuesday
Time: 5pm - 6pm
Price: First two sessions free then £2

FA licensed coaches
All coaches are DBS checked, first aid trained and safeguard trained

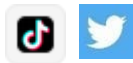
Facebook: Katie Adams/Gillford Park
Mobile: 07472991993



Gillford Park FC have a Football Boot Bank at Harraby 3G where you can donate your child's old football boots or ask your coach to see if there maybe a pair of boots suitable for your child. Ask your team manager/coach for further information.



Use of Social Media



We want everyone to be able to access our webpage and participate in Twitter in addition to other social networking opportunities, so we are clarifying the expectations around responsible use which are aligned with the FA guidelines.

For many people these guidelines will be common sense and you will be complying with them already.

We ask you as players, parents and carers to be aware of the following: -

FA guidelines on social networking, websites, mobile phones and email communications

Guidance for parents/carers – responsible use of texts, email and social networking sites

As a member of the club, you are responsible for and need to abide by the FA Rules and regulations regarding comments you place online about the league, club, players, managers or match officials.

It is against Club and FA rules to post comments that are or maybe conceived as offensive, insulting, abusive, threatening, racist, and discriminatory or any other reference that may cause offence or harm to others.

Any such comment made on club or league websites and/or social networking sites regarding officials may result in disciplinary action being taken in line with The FA's Disciplinary policies and procedures.

Comments made on websites that are threatening abusive or racist could lead to legal action being taken against those responsible for posting or hosting them. Comments made may attract libel claims and legal action through the civil courts if they are untrue or defamatory.

When posting match reports, for the under 11 and below age teams, there should be no information published online – on the website, Twitter or on other social networking sites that reveals the result of these matches to the reader. Any such comments will be removed.

All parents/carers are advised to familiarise themselves with: -

The guidance offered by the Child Exploitation Online Protection (CEOP) centre; they provide guidance for parents/carers, children and young people. They also provide the most up to date guidance for online environments.

I RESPECT THE STANDARD

THE GRASSROOTS CODE FOR YOUTH FOOTBALL



We're here to enjoy ourselves...win, lose or draw.

To help make football more enjoyable for all I should:

- Remember that football is about enjoyment, not just winning.
- Encourage others and behave well.
- Bring a positive attitude to training and matches.
- Recognise when my team-mates give respect, work together, or try their best.



We always treat others as we'd like to be treated. To give respect at football I must:

- Always use respectful language and actions.
- Not argue with the referee, coach, and officials, and accept their decisions about football and my behaviour.
- Show fair play by shaking hands with our opponents whether we win, lose or draw.
- Tidy up after myself and take care of the facilities we use.



We embrace our differences, football is a game for everyone.

To be inclusive at football I must:

- Welcome everyone, whoever they are and whatever their background or ability.
- Involve everyone and always be kind.
- Treat everyone fairly and tell a trusted adult if this doesn't happen.
- Celebrate everyone's good play, effort and success.



We're a team, on and off the pitch. To help us bond as a team I should:

- Encourage my team-mates if they make a mistake.
- Try my best and help my team, by being positive and supportive.
- Play fairly, without cheating, diving, complaining, or wasting time.
- Accept that I may not be able to play in my favourite position all the time, or that I may need to take a break to give someone else playing time.
- Recognise that if I'm the Captain, I need to try hard to set a positive example for others to follow.



We all have a role in safeguarding children. To help keep everyone safe I must:

- Remember football is about making friends, learning new skills and of course, being active!
- Take responsibility, encourage others, and keep it positive.
- Know that I have a right:
 - To feel safe online and offline.
 - To have healthy relationships with appropriate boundaries.
 - Not to feel uncomfortable or unsafe.
 - Not to be bullied, harassed, or intimidated.
 - Not to be treated unfairly.

If this doesn't sound like your football experience, speak to an adult you trust.





Not all victories are on the scoresheet, for every win is the child who made their first tackle, for every loss is the child making their first pass, for every draw is a child playing their first game.

#WeonlydoPositive

Match Officials

We all have a responsibility to promote high standards of behaviour in the game. The behaviour of the match officials has an impact, directly and indirectly, on the conduct of everyone involved in the game both on the pitch and on the side-lines.

I will:

- Be honest and completely impartial always.
 - Apply the Laws of the Game and competition rules fairly and consistently
 - Manage the game in a positive, calm and confident manner.
 - Deal with all instances of violence, aggression, unsporting behaviour, foul play and other misconduct.
 - Never tolerate offensive, insulting or abusive language or behaviour from players and officials.
 - Support my match official colleagues always.
 - Set a positive personal example by promoting good behaviour and showing respect to everyone involved in the game.
 - Communicate with the players and encourage Fair Play.
- Prepare physically and mentally for every match
- Complete and submit, accurate and concise reports within the time limit required for games in which I officiate.

I understand that if I do not follow the Code,

Any of following actions may be taken by the County FA or the FA.

I may be

- Required to meet with the FA/County FA Refereeing Official
- Required to meet with the FA/County FA Refereeing Committee.

EMAIL

info@CumberlandFA.com

TELEPHONE

Our telephone number is 01900 511800.

The office is open between 9.00am and 5.00pm, Monday to Friday.



SPECTATORS in CUMBERLAND

PLAY YOUR PART

During our recent consultation with children, they overwhelmingly told us that "Excessive shouting and pressure from the side lines is what NEGATIVELY impacts their mental well being the most!"

We're calling on ALL SPECTATORS to support the Mental Wellbeing of children when they are playing THEIR game by listening to them.

Safeguarding@CumberlandFA.com

Managers/Coaches/Club Officials.

We all have a responsibility to promote high standards of behaviour in the game. In the FA's survey of 37,000 grassroots participants, behaviour was the biggest concern in the game. This included the abuse of match officials and the unacceptable behaviour of over competitive parents, spectators and coaches on the side-line. Play your part and observe The Football Association's Respect Code of Conduct in everything you do. On and off the field. All new coaches will be supported by a senior club member and will be mentored for my first season.

I will:

- Show respect to others involved in the game including match officials, opposition players, coaches, managers, officials and spectators.
- Adhere to the laws and spirit of the game.
- Promote Fair Play and high standards of behaviour.
- Always respect the match official's decision.
- Never enter the field of play without the referee's permission
- Never engage in public criticism of the match officials.
- Never engage in, or tolerate, offensive, insulting or abusive language or behaviour.

When working with players, I will:

- Place the well-being, safety and enjoyment of each player above everything, including winning & losing.

